



## **PATIENT INFORMATION and FINANCIAL POLICY**

**Please plan on an hour appointment. Enclosed please find the paperwork to complete now and /or bring to your first appointment.**

My mission is to provide a unique therapeutic environment that promotes healing and supportive care. I will do this through focused one on one care only delivered by me in a private and calm space.

I have elected to no longer be a preferred provider for insurance companies. Instead, I provide physical therapy on a "fee at time of service" basis. By removing myself from a preferred provider/contracted status with the insurance companies, I do not have to limit the time or quality of treatment I provide because of insurance company restrictions or elevate my rates to pay for billing services. Additionally, I have the flexibility to assist patients in financial need.

**Prior to your first scheduled appointment, call your insurance company to completely understand your physical therapy benefits.** Enclosed please find an insurance company worksheet to help you ask the insurance company the right questions about your physical therapy benefits. Following service and payment, you will receive a written statement which you can submit to your insurance company for their consideration of reimbursement to you. I will be happy to provide chart notes or other documentation at your–or your insurance company's–request. The amount of reimbursement you receive will vary according to the terms of your insurance policy. Some companies may reimburse you at 80%, some at 60%, some at 40%, and some may not reimburse you at all. I cannot make guarantees or estimates regarding what reimbursement your plan allows.

I accept cash, check or HSA Plans/Visa/MasterCard/American Express at the time of service. My fees are based on time spent with you and the treatments performed during your appointment. The fee ranges are as follows:

\$ 235.00 Initial Evaluation 60' Minute

\$ 180.00 Treatment Session

\$ 285.00 4<sup>th</sup> Trimester Postnatal Evaluation and 90' Evaluation with Treatment

\$ 90.00 for **cancellations with less than 24 hours notice**

As a courtesy 24 hours minimum notice is required- this allows another patient to occupy your slot and values the time the PT has set aside. Thank you for your understanding.

If you have any questions, please feel free to contact me. I look forward to working with you.

Rachel Aronson, D.P.T.

